

AMENDMENT TO RULES COMMITTEE PRINT 119-8
OFFERED BY MS. HOULAHAN OF PENNSYLVANIA

At the end of subtitle C of title VII, add the following new section:

1 **SEC. 7 ____ . EVALUATION OF CERTAIN RESEARCH RELATED**
2 **TO MENOPAUSE, PERIMENOPAUSE, OR MID-**
3 **LIFE HEALTH OF WOMEN.**

4 (a) **EVALUATION.**—The Secretary of Defense, in co-
5 ordination with Secretary of Veterans Affairs, shall evalu-
6 ate—

7 (1) the results of completed research relating to
8 menopause, perimenopause, or the mid-life health of
9 women who are members of the Armed Forces or
10 veterans;

11 (2) the status of any such research that is on-
12 going;

13 (3) any gaps in knowledge or research on—

14 (A) treatments for menopause-related
15 symptoms, including hormone and non-hormone
16 treatments;

17 (B) the safety and effectiveness of treat-
18 ments for menopause-related symptoms;

1 (C) the relation of service in the Armed
2 Forces to perimenopause and menopause and
3 the impact of such service on perimenopause
4 and menopause; and

5 (D) the impact of perimenopause and
6 menopause on the mental health of women who
7 are members of the Armed Forces or veterans;

8 (4) the availability of and uptake of professional
9 training resources for covered providers relating to
10 mid-life health of women with respect to the care,
11 treatment, and management of perimenopause and
12 menopausal symptoms, and related support services;
13 and

14 (5) the availability of and uptake of treatments
15 for women who are members of the Armed Forces
16 or veterans and are experiencing perimenopause or
17 menopause.

18 (b) REPORTS; STRATEGIC PLANS.—Not later than
19 180 days after the date of the enactment of this Act, the
20 Secretary of Defense and the Secretary of Veterans Af-
21 fairs shall each submit to Congress a report containing—

22 (1) the findings of the evaluation conducted
23 under subsection (a);

1 (2) recommendations for improving professional
2 training resources specified in subsection (a)(4) for
3 covered providers of the Department concerned; and

4 (3) a strategic plan that—

5 (A) resolves the gaps in knowledge and re-
6 search identified in the report; and

7 (B) identifies topics in need of further re-
8 search relating to potential treatments for
9 menopause-related symptoms of women who are
10 members of the Armed Forces or veterans.

11 (c) NONDUPLICATION AND SUPPLEMENTATION OF
12 EFFORTS.—In carrying out activities under this section,
13 the Secretary of Defense and the Secretary of Veterans
14 Affairs shall ensure that such activities minimize dupli-
15 cation and supplement, not supplant, existing information-
16 sharing efforts of the Department of Health and Human
17 Services.

18 (d) SENSE OF CONGRESS ON ADDITIONAL RESEARCH
19 RELATING TO MENOPAUSE, PERIMENOPAUSE, OR MID-
20 LIFE HEALTH OF WOMEN.—It is the sense of Congress
21 that the Secretary of Defense and the Secretary of Vet-
22 erans Affairs should each conduct research relating to
23 menopause, perimenopause, or mid-life health regarding
24 women who are members of the Armed Forces or veterans.

25 (e) DEFINITIONS.—In this section:

1 (1) The term “covered provider” means a
2 health care provider employed by the Department of
3 Defense or the Department of Veterans Affairs.

4 (2) The term “Department concerned” means
5 the following:

6 (A) The Department of Defense, with re-
7 spect to a report submitted by the Secretary of
8 Defense.

9 (B) The Department of Veterans Affairs,
10 with respect to a report submitted by the Sec-
11 retary of Veterans Affairs.

12 (3) The term “menopause” means the stage in
13 the life of a woman during which menstrual periods
14 permanently cease and the woman is no longer able
15 to become pregnant, resulting from normal aging
16 and not a disease.

17 (4) The term “mid-life” means, with respect to
18 a woman, the stage in the life of the woman that—

19 (A) coincides with perimenopause, which
20 may be physical or emotional;

21 (B) encompasses the late reproductive age,
22 which can begin at approximately 35 years of
23 age, to the late postmenopausal stages of repro-
24 ductive aging, which can extend to approxi-
25 mately 65 years of age; and

1 (C) often marks the onset of multiple
2 chronic diseases.

3 (5) The term “perimenopause” means the stage
4 in the life of a woman during which levels of the
5 hormone estrogen fall unevenly in the body (also re-
6 ferred to as the “menopausal transition”).

7 (6) The term “postmenopausal” means the
8 stage in the life of a woman commencing after the
9 woman has been without a menstrual period for one
10 year and lasting for the remaining duration of such
11 life, during which time women are at increased risk
12 for osteoporosis and heart disease.

